

LIP CARE *Routine*

DAILY MORNING ROUTINE



1

Cleanse

Gently cleanse your lips with water or a mild facial cleanser.

2

Hydrate

Apply a lightweight hydrating **lip balm**.

3

Lip Oil

Apply a thin layer of **lip oil** for extra moisture and shine.

4

Protection

Use an **SPF lip balm** to protect your lips from the sun.



LIP CARE *Routine*

EVENING MORNING ROUTINE



1 Remove Lip Products

Use a gentle cleanser to remove any lip products.

2 Cleanse

Gently cleanse your lips.

3 Exfoliate

Use a lip scrub or exfoliator 2-3 times a week with a lip brush or silicone brush.



4 Hydrate

Apply a nourishing lip balm or lip sleeping mask.